Test-Taking Tips

Before the Test

- Stay up-to-date
- Understand as you learn
- Study in chunks
- Identify important information
 - Concept mapping
 - Class summaries
- Analyze past tests
 - o What happened that went well? Went poorly?
- Get the big picture
 - Find out what will be on the test, listen to your professor's description and in-class clues
- Short, manageable study sessions
- Practice essay questions before test
 - o How would you describe, predict, compare/contrast
- Memorization techniques
 - o Mnemonic
 - Flash cards
- Form a purposeful study group
- Healthy habits
 - Eating well
 - o Full night's sleep

During the Test

- Arrive early
- "Mind dump" before test
- Get the big picture
 - Survey test
 - Strategize your approach
- Breathe, relax, and repeat
- Read all directions carefully
- Easy questions first
- Keep an eye on your remaining time



Strategies for Multiple-Choice Questions

- Central Idea/main point
- Never, none, except, most, or least? Probably NOT
- If you have to guess...
 - Two similar answers? Choose neither
 - o Two Opposite answers? Choose one
 - Choose longest

Problem Solving

- What do I notice when I break down the question?
- What information is provided?
- Break the problem down
- Does my answer make sense?

After the Test

- Analyze your results
 - o Any trends to missed questions?
 - Are you moving too quickly?
 - Changing correct answers?
 - Misunderstanding the question?
 - Go over it with an expert to implement solutions to the challenges or address content you did not understand
 - This could be an Academic Coach for general study strategies OR
 - Your instructor, GTA, tutor and/or SI leader for content support
- Make changes to address exam mistakes

